

# SPIRITUAL OPPORTUNITIES

Please complete **three Spiritual Opportunities**, fill out the reflection journal for each opportunity, and turn them in to the Faith Formation Office by **January 6, 2020**.

The spirituality of stewardship should seek to integrate the truths of our Catholic faith, the sacred Scriptures and the Mass into our daily actions. Spirituality has real meaning in our lives and the lives of others because we connect to the source of that meaning, Jesus Christ and His Church. Stewardship is a way of living, not merely a program offered through a parish.

## SPIRITUAL OPPORTUNITIES IDEAS

- Attend Daily Mass (Monday-Saturday) once a month
- Pray the Rosary with your family and/or friends weekly
- Pray the Divine Mercy Chaplet with your family and/or friends weekly
- Watch a Catholic movie and spend time sharing your thoughts on it with a good friend or family member.
- Read a Catholic book and spend time sharing your thoughts on it with a good friend or family member.
- Read a Catholic blog every day for one week. Share your thoughts with a friend or family member or comment on the blog.
- Learn a Traditional prayer of the church that you don't already know and pray it during the Confirmation process.
- Research Novenas and commit to praying one for an intention.
- Go to the Sacrament of Reconciliation 3 times between now and the time you receive the Sacrament of Confirmation.
- Visit the Blessed Sacrament on Wednesdays during Adoration in the Chapel.
- Begin journaling to talk to God. Spend every day for one week writing to God in the journal as a form of prayer.
- Find a prayer that is to your Confirmation Saint. Commit to memorizing the prayer.

"As each one has received a gift, use it to serve one another as good stewards of God's varied grace." - 1 Peter 4:10

Name: \_\_\_\_\_

# Stewardship Spiritual Reflection Journal

Spiritual Opportunity: \_\_\_\_\_

Why did you select this spiritual opportunity? \_\_\_\_\_

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What was your favorite part of this spiritual opportunity? \_\_\_\_\_

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What lessons and/or blessings did you bring away from this experience? \_\_\_\_\_

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Do you feel this spiritual opportunity opened your heart to God working in your life? Why or why not? \_\_\_\_\_

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Would you repeat this type of stewardship? Why or why not? \_\_\_\_\_

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